

# Cassia Bark

- **Constituents:**  
Cinnamaldehyde, cinnzelanine, cinzelanol, cinnamic acid, cinnamylalcohol, cinnamoside, cinncassiol A, B, C, coumarine, etc.
- **Pharmacology:**
  - Inhibit ulcer <sup>(1-5)</sup>
  - Relieve pain, remove heat <sup>(1, 6-7)</sup>
  - Increase leucocyte count <sup>(1)</sup>
  - Lower blood pressure, enlarge coronary arteries, prevent thrombosis <sup>(1)</sup>, prevent oxygen-deficiency <sup>(8)</sup>
  - Enhance immune function <sup>(12)</sup>
- **Clinical applications:**
  - Lumbodysnia due to kidney-deficiency <sup>(9)</sup>
  - Frost bite <sup>(10)</sup>
  - Infantile diarrhea <sup>(11)</sup>
  - Bronchial asthma <sup>(13)</sup>
- **References:**
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