

Morinda Root

- **Constituents:**
Anthraquinones, β -sitosterol, 24-ethylcholesterol, monotropein, glucose, amino acids, vitamin C, Zn, Ca, Fe, etc.
- **Pharmacology:**
 - Enhance adrenocorticoidal functions ^(1 - 2)
 - Exhibit estrogenic effects ⁽³⁾
 - Enhance immune function ^(4 - 5)
- **Clinical applications:**
 - Kidney disease syndrome ⁽⁶⁾
- **References:**
 1. Ying, J., Chinese Herbs - Modern Research and Clinical Applications, Beijing, Xue-yuan Publisher, 1994, 83
 2. He, Y. Z., translator, Overseas Medicines, TCM, 1990, 12 (6): 48
 3. Li, B. R., et al., Journal of TCM, 1984, (7): 63
 4. Xiao, Z. S., Journal of Integrated Medicine, 1991, 11 (7): 415
 5. Zhou, J. H., Chinese Herbs Immunopharmacology, Beijing, Peoples Army Publisher, 1994, 299
 6. Shen, D. X., Journal of Integrated Medicine, 1985, 5 (3): 192